



REGIONAL NEWSPAPERS
Australia and New Zealand

14 June 2006

Fitness 4 U,
PO Box 7,
Indooroopilly, QLD 4068.

TO WHOM IT MAY CONCERN

This letter is to confirm that Ron Daniels of Fitness 4U successfully arranged and conducted a Group Fitness Training Session for approximately 12 members of our Regional Finance Team on 13 June 2006, running from 4.30pm to 6.00pm.

All participants thoroughly enjoyed the content, pace and expertise with which Ron conducted the training, and we can recommend his organization without hesitation for any team building event.

In addition, individual members of our Brisbane office regularly participate in boxing exercise classes with Fitness 4U and always speak very highly about the experience.

Yours sincerely,

A handwritten signature in black ink, appearing to be 'David Thornton', written over a faint, illegible stamp or watermark.

David Thornton
Chief Financial Officer
APN Newspapers Pty Ltd