



Golden Casket Lottery  
Corporation Limited

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14 June 2006

Fitness 4 U  
PO Box 7  
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RE: Ron Daniel's Group Boxing Session

Our Retail section recently participated in Ron Daniel's group boxing session for a team building exercise. This activity was something a little different to the normal team building exercise and as soon as it was advertised, the excitement started to build.

The session was held next to the river at the bottom of the Kangaroo Point cliffs, which was an absolutely gorgeous place to exercise.

A few comments from those in attendance:

- *"I really enjoyed the boxing. I'm not very big on sports and exercise but found the boxing fun, and felt like I'd had a bit of workout too, which is a good thing!"*
- *"I thought it was good that Ron took the time to work round the individuals in the group to make sure everybody was ready to move on, as apposed to leaving people behind if they can't keep up, which often happens in group activities."*
- *"I would be happy to recommend Ron's group boxing to anyone"*
- *"Ideal for all ages"*
- *"Enjoyed the experience immensely"*
- *"Good fun for all involved"*
- *"Able to continue on at a casual level to improve and maintain fitness"*

I would like to thank Ron for his time and effort, which made this event very enjoyable for all.

Yours sincerely

A handwritten signature in blue ink, appearing to read "Jenelle", written in a cursive style.

Jenelle Fountain  
Golden Casket Lottery Corporation Limited