

7 March 2012

FITNESS 4 U

Dear Sir or Madam,

RE: FITNESS 4 U – CORPORATE TRAINING

We commenced corporate training with Ron and Fitness 4 U in January this year. When we approached Fitness 4 U our aim was to encourage our team to take an active role in achieving and maintaining overall good health and wellness.

Our weekly sessions have been very successful and cater to all fitness levels, no session is ever the same. Ron and his team are well organised and give us a great overall workout each week.

Almost all staff attending the sessions have increased their fitness regimes outside of our corporate training. Our team has their sights set high and we have entered teams into the Raby Bay and Nissan Corporate Triathlons.

Office banter is strong each Wednesday before our session, which further encourages the strong team culture that Ausbuild likes to maintain.

Thank you Ron for providing us with a fun way to reach our company goals. We look forward to continuing our training program well into the future.

Yours sincerely,
AUSBUILD PTY LTD



per:

MATTHEW LONEY
Joint Managing Director